

We look forward to welcoming you to the Institute's Training Centre in Grantham. We have put this information together to help you to plan your travel arrangements but if you have any questions please get in touch.

Where is your Training Centre located?

Our Training Centre, known as The Boilerhouse, is in Grantham in Lincolnshire. Our address is:

The Boilerhouse
Caunt Road
Springfield Business Park
Grantham
Lincolnshire
NG31 7FZ

If you need to provide an emergency contact number while you are on the course, please use 01476 513882.

How do I get there?

Our facility is only a mile from the A1 and we have plenty of on-site parking. However, we recommend you travel by public transport whenever possible and we are a short walk from Grantham Station.

Directions if travelling north up the A1

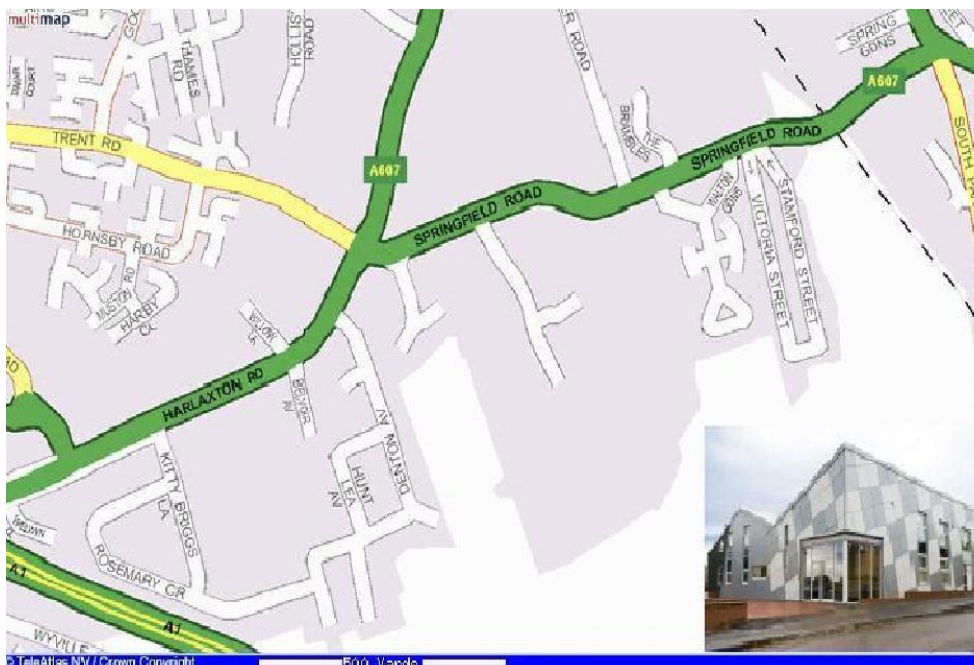
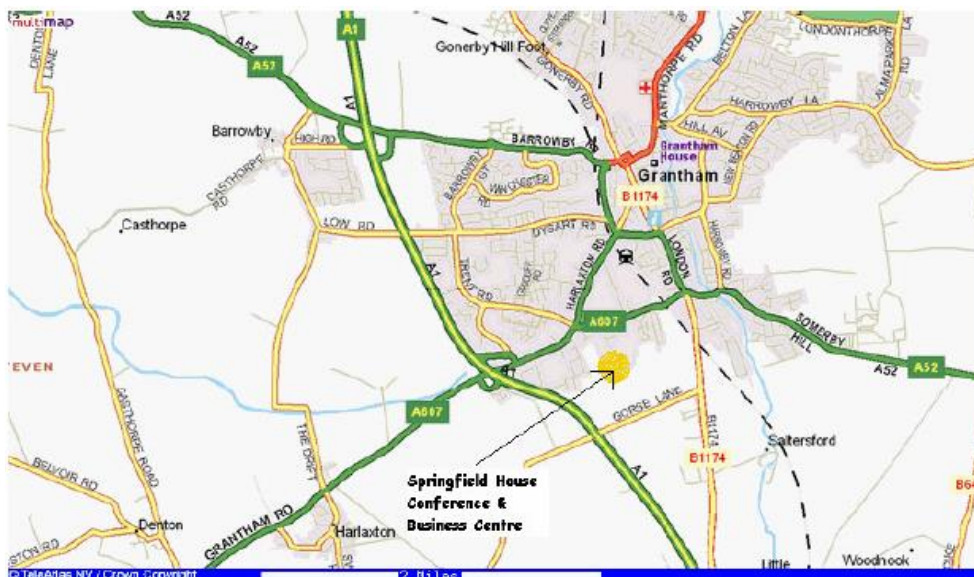
- Exit at the A607 junction, signposted for Grantham and Melton Mowbray.
- At the roundabout at the end of the slip road turn right on to the A607 towards Grantham (Premium Inn on the roundabout). This is Harlaxton Road.
- *At the first set of traffic lights turn right on to Springfield Road.
- After a few hundred metres, turn right at the traffic lights (signposted for Register Office and The Boilerhouse). This is Caunt Road.
- The Boilerhouse is the metal clad building a few hundred metres on the left. Take the first turn on the left to park in car park at the front of the building.
- Please report to reception to sign in and collect a visitor badge.

Directions if travelling south down the A1

- Exit the A1 at the A607 junction signposted for Grantham and Melton Mowbray.
- At the roundabout turn right (Urban hotel on roundabout).
- At the T-junction turn left towards Grantham. This is Harlaxton Road.
- Proceed as above from *

If travelling by train

- Grantham is on the East Coast mainline from London King's Cross and the journey takes just over an hour. These services provide a link to those travelling from the north of England and Scotland. For more information on travelling to us by train see <http://www.thetrainline.com>
- We are only a short walk (about 15 minutes) or taxi ride from Grantham Station. There are usually plenty of taxis at the station but the taxi firm that we use most is Grantham Taxis. You can reach them on 01476 594594



If travelling by plane

East Midlands Airport <http://www.eastmidlandsairport.com> is the closest airport to Grantham. To catch the train to Grantham you will have to get a taxi from the Airport to East Midlands Parkway Railway Station - catch the train to Nottingham then another train to Grantham.

Is there somewhere to stay nearby?

For our multi-day courses or if you are travelling from further afield you may find the following accommodation information useful. There are two hotels within a mile of The Boilerhouse, both of which have their own restaurants and provide comfortable bed and breakfast accommodation.

The Urban Hotel

Swingbridge Road, Grantham, Lincolnshire. G31 7XT

Telephone: 01476 593000, www.urbanhotelgrantham.co.uk

This hotel has 89 en-suite bedrooms and offers free wifi. The restaurant features traditional English and international fare, and the adjoining leisure club includes an indoor pool, sauna, steam room and fitness centre.

Grantham Premier Inn

Harlaxton Road, Grantham, Lincolnshire, NG31 7UA.

Telephone: 0870 8500 329, www.premierinn.com

This hotel offers en-suite rooms, remote control TVs, tea and coffee making facilities and wifi.

What should I bring with me?

The Boilerhouse is a modern office building and our classroom-based courses are held in a conference room. We recommend that you wear comfortable clothing; we don't have a dress code as such and our courses are quite informal so you will be fine in (smart)casual clothing.

We have wifi in the building so you may wish to bring a laptop/tablet on which to follow the course presentations, take notes, or catch up on work emails during breaks.

Smoking

IOM3 operates a No Smoking Policy which means that smoking is not permitted anywhere on the premises. If you wish to smoke, you should go off the premises.

Health and Safety

All visitors are requested to sign in at reception on arrival and sign out on departure. Whilst on the premises, you are required to behave in a safe, courteous and orderly fashion, and conform to the behaviour expected of all users of the Institute's

buildings. This is so that you do not endanger the health and safety either of yourself or others using the premises. There are trained first-aiders on the premises and should you require their assistance, please ask a member of staff.

We conform to the Health and Safety At Work Act 1974 . We take our responsibilities to our delegates seriously and we aim to create an accident free health and safety environment.

Is there anything else I should know?

There are a few things that we have to mention:

- The Institute is not responsible for your property and belongings during the course and cannot be held liable for their loss or damage, on or off-site.
- We reserve the right to make minor changes to the programme as we deem necessary and will provide you with as much notice as we can if we need to make changes to the dates or format of the course.

Who should I contact if I have a question?

If you have any questions, please don't hesitate to contact one of the training team. The best way to do this is by email to training@iom3.org.